

**A REVIEW ON ADVANCED HERBAL DRUG TECHNOLOGY**

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**ABSTRACT:** The use of natural products in drug development and discovery is increasing. Their chemical diversity allows them to affect multiple targets simultaneously in complex systems. The past decade has seen notable technological advancements in the field of herbal medicine. The traditional foundations of ancient medicine can provide insight into the safety of natural medicines. Now is the time to make decisions about the safety of herbal medicines. The legal status and methods used to approve herbal medicines also vary from country to country. The evaluation standard for effectiveness, safety, and quality of herbal medicines are given by WHO. Advances in science and technology are pervasive in natural medicine products. To keep pace with these developments, numerous review articles have been written on the topic to provide a user-friendly platform for those new to this vast field.

**Key words:** Herbal medicine, DNA fingerprinting, extraction, chromatography, purification.

**Introduction: -**

The earliest known cure is herbal medicine. All societies have historically used herbs, but India has one of the richest, oldest, and most varied cultural living traditions when it comes to using medicinal plants. Currently, there is an exponential increase in the market for herbal goods worldwide, and large pharmaceutical corporations are actively researching plant materials for possible medical benefits. In the process of turning botanical materials into medications, herbal drug technology plays a crucial role in standardization and quality control through the appropriate blending of cutting-edge scientific methods and conventional wisdom. Herbal remedies are now widely accepted as effective treatment options for arthritis and diabetes. Improvements in liver disease, colds and coughs, and memory have been observed worldwide. Although the plant was historically considered dangerous, more and more people are consuming the herb without a prescription. Herbalists and traditional healers are increasingly turning to traditional medicine to treat infectious diseases. Most home remedies are over-the-counter medications made from common kitchen ingredients. The term "herbal preparations" refers to preparations of plant or plant origin, but medicinal products may have various properties such as nutritional, medicinal or prophylactic properties. The plants which have nutritional, therapeutic, or preventative values are called as "herbal medicine. The person who works with herbs is called as herbalists. The use of plants to treat illness is covered in herbal journals. Herbal medicine dose forms vary widely based on several elements, including the ailment to be treated, the application route, the patient, culture, and theoretical background. Herbal medicine is typically created in homes and traditional medicine clinics using dried or fresh herbs that are then blended into native drinks,

puddings, poultices, are applied topically. Standard herbal medicines sold in stores are usually sold in the form of tablets, capsules, tablets, powders/granules, lotions, ointments, etc. Presenting herbal medicines in pharmaceutical dosage forms is expected to improve compliance through desired use, accurate dosage, and aesthetics. [1]

## 2. Different extraction methods: -

### 2.1 Supercritical fluid extraction: -

The technique of separating one component from another, using supercritical fluids as the extracting solvent is known as supercritical fluid extraction, or SFE. SFE is used to collect a desired product as a sample. SCF which are commonly used are carbon dioxide, with methanol and ethanol as co-solvent. The condition for extracting CO<sub>2</sub> is above the pressure of 74 bars and the temperature of 31°C. SCF has a temperature and pressure are greater than critical point. SCF dissolves the substances such as liquids and diffuse through solids such as gases. This involves injecting CO<sub>2</sub> at over 1,100 psi and heating it to over 870F. This is typically in the 6,000-10,000-psi range. SCF Uses CO<sub>2</sub> as a thick liquid is better than as a thick fog. The best way to create high quality plant extracts is to use CO<sub>2</sub> at low pressure. To increase the CO<sub>2</sub> loading rate under these conditions, larger amounts of CO<sub>2</sub> must be pumped through the device. Loading speeds typically range from 10 to 40 Int. For this reason, CO<sub>2</sub> injection is very important as it has a fairly high rate. [2]

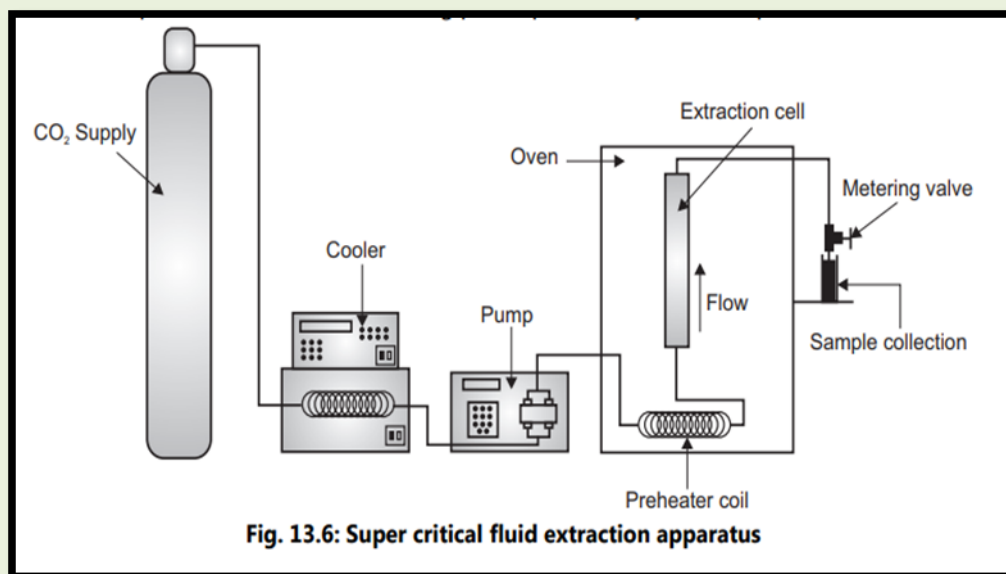
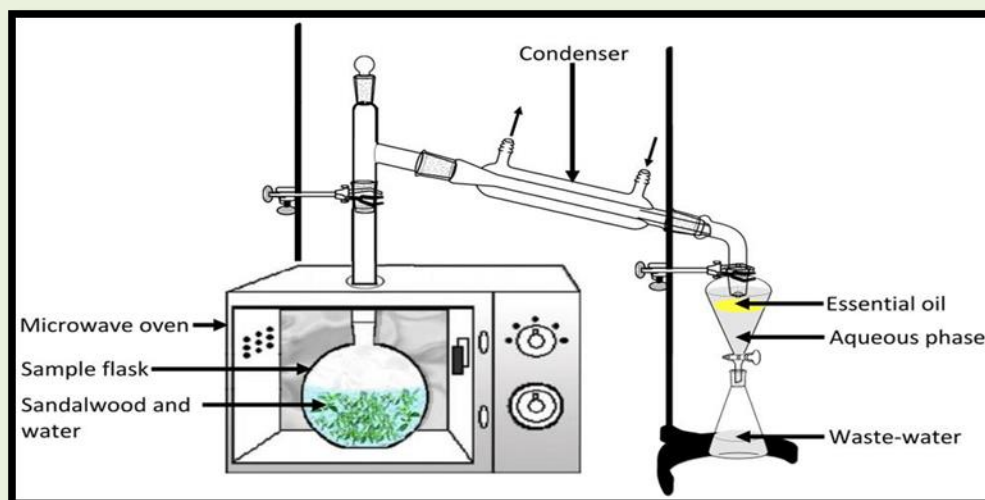


Fig.1 Supercritical fluid extraction apparatus

### 2.2 Microwave-assisted extraction: -

Microwave extraction uses microwave technology to heat the matrix. The magnetic and electric fields of microwaves are both vertically equal. The electric field causes dipole rotation and ionic conduction, causing heating. Microwave energy is absorbed by components depending on their dielectric properties. Microwave radiation has the following characteristics: 1) Microwaves remain in the electromagnetic spectrum between radio waves

and infrared. 2) Wavelength range is 0.01m - 1m. 3) The operating frequency range is 300MHz to 300GHz. 4) Microwave photons have a relatively low energy (0.037 kcal/mol) and can easily break bonds.



**Fig 2.** Microwave-assisted extraction apparatus.

Mechanism of MAE: -

Ionic conduction and dipolar rotation are the two mechanisms used to heat a solid matrix. Heating may result from one or both processes operating at the same time. Ions attempt to transfer by altering the electric field during ionic conduction. They collide with solvent molecules and with each other during this. Furthermore, friction is produced at the end, signifying the release of heat, if solvent molecules obstruct the motion of ions. Polar molecules try to align themselves so that they are in phase with the electromagnetic field movement during dipole rotation.

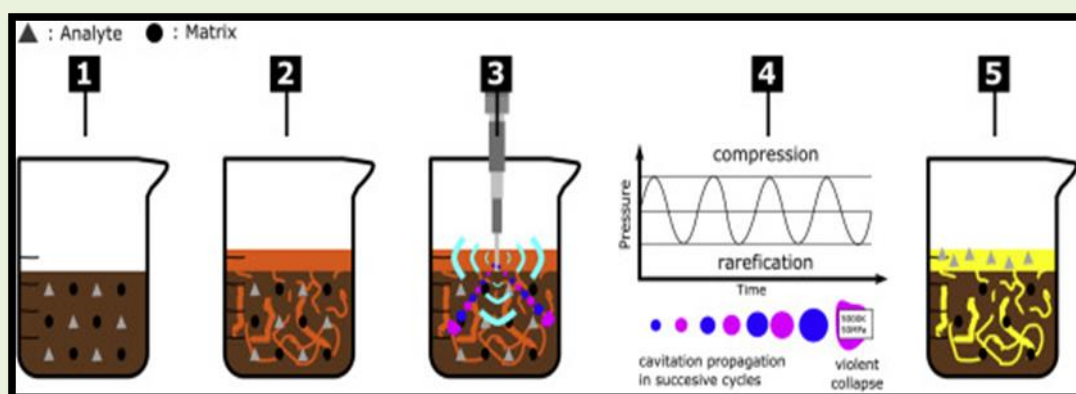
Latest Microwave Technology: -

Nitrogen protection MAE: - High pressure nitrogen gas is used to prevent oxidation of the active ingredients contained in the matrix. After removing the air, a vacuum is created. Gas cylinders are used to fill nitrogen under pressure. Ascorbic acid is commonly extracted from guavas. It is used for heat sensitive materials as it keeps the temperature low enough to prevent decomposition of the solute. Oxidation or activation of oxygen-sensitive components can be avoided even in the absence of air and oxygen. Also, the longer it boils, the less solvent is needed. Reflux to ensure proper dissolution of the solute. <sup>[3]</sup>

### **2.3 Ultrasonic Extraction: -**

The sample is exposed to mechanical energy generated by ultrasound during ultrasound-assisted extraction. The creation of tiny vacuum gaps or bubbles in a liquid is called cavitation and occurs when ultrasound is applied to a solid sample. In this case, high

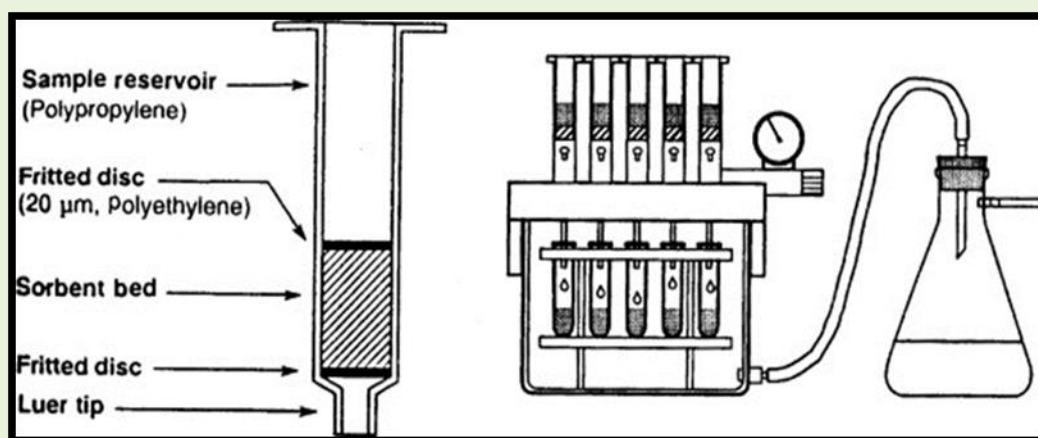
pressures (about 50 MPa) and temperatures (about 4500°C) are localized. These forces cause extraction of intracellular substances, destruction of cell membranes, and sonolysis. There are two types of OAE: direct and indirect. When ultrasonic radiation is applied directly to a mixture of sample and solvent, an inert acoustic device known as a sonotrode is absorbed into the mixture. Indirect UAE ultrasound is applied to the sample-solvent mixture using an ultrasonic bath that can be used on multiple samples simultaneously. Both approaches require additional purification steps. Temperature, sonication cycle, degree of granulation/homogenization, and extraction time are typical parameters for OAE optimization.



**Fig.3.** Ultrasound-assisted extraction.

#### 2.4 Solid-Phase extraction: -

SPE method used for sample purification and trace concentration. This method has superior extraction. This method is faster and avoids generation emulsion. In disposable columns, the liquid is passed through the extraction column by suction (vacuum manifold) and positive pressure. The latter can be fully automated.



**Fig.4.** Solid-Phase Extraction

## 2.5 Infusion: -

This process also works as maceration process. In this process, cold and hot water is used.<sup>[4]</sup>

## 3. Purification techniques: -

### 3.1 Crystallization: -

This unique separation method is used to recover purified compounds from supersaturated liquids. Natural crystallization is induced by heating and dissolving plant extracts in a poorly soluble solvent. After complete decomposition, cooling of the solution causes crystalline natural compounds to precipitate. It happens. Because most natural compounds are amorphous in the solid phase, this approach is rarely used. Disconnect the connection.

### 3.2 Liquid -liquid extraction: -

Mixtures are easily converted to cations or anions by containing basic or acidic functional groups or by increasing their solubility in water by adding acids or bases. After filtration, the water layer contains organic acid salts, which can be neutralized with a base and separated using an organic solvent. The liquids in the organic and aqueous layers are immiscible. It forms two separate layers, making them easy to separate.

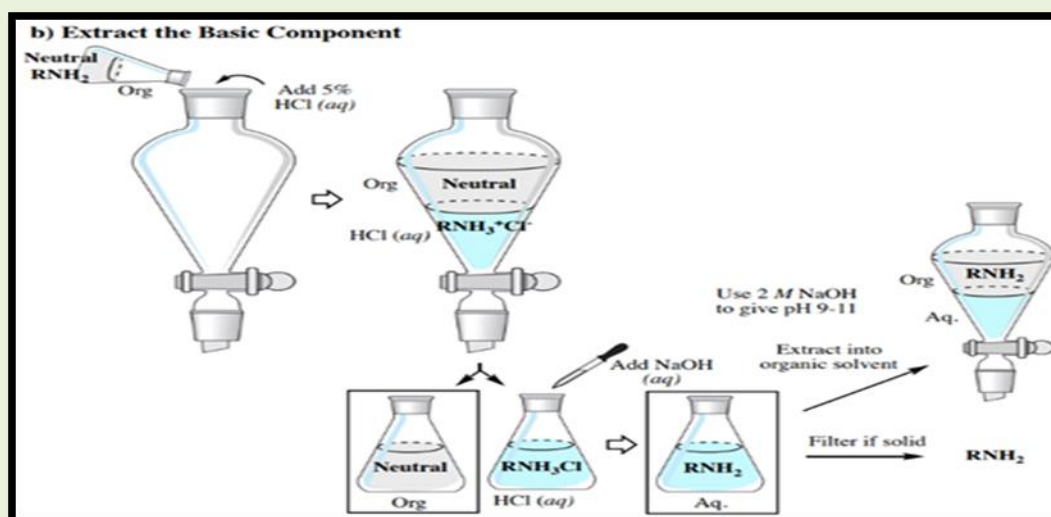


Fig 5. Acid – Base Extraction

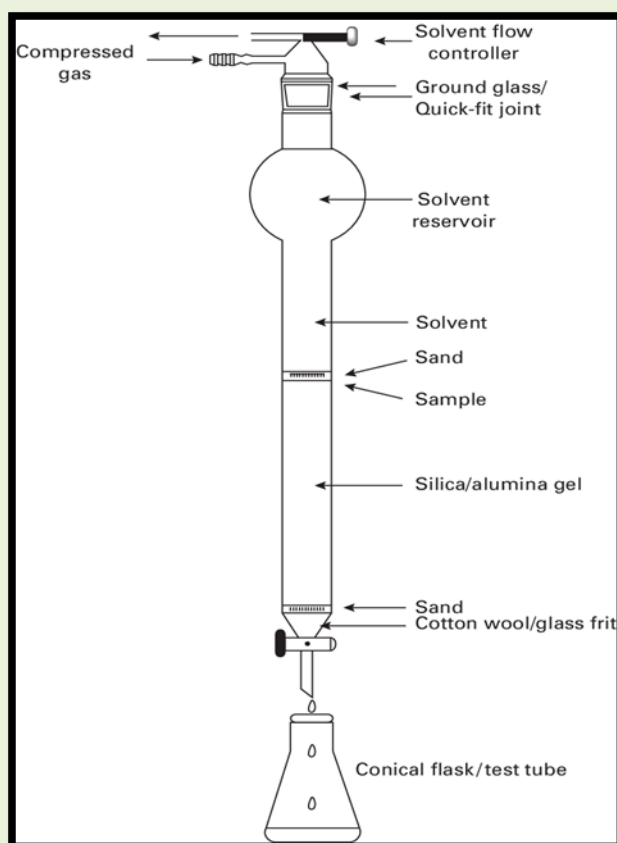
### 3.3 Sublimation: -

Sublimation is a conversion of solid to gas state by avoiding the liquid state. I have an endothermic method that occurs before triple point in the phase diagram of matter at pressure and temperature. Reverse deposition, also known as reverse sublimation, is the process by which a material changes directly from a gas to a crystalline solid on a cold surface.

### 3.4 Flash chromatography: -

Flash chromatography is a specialized and inexpensive purification technique that is designed for rapid separation by using air pressure to drive the solvent through the column as opposed to slow and simple gravity-fed chromatography. Although the technique has moderate

resolution, it is a rapid separation method that can be used to separate mg to g scale. The amount of sample that needs to be loaded directly relates to the amount of silica gel that needs to be packed in the column. Typically, each n-gram of sample requires 30 to 100 n-grams of silica gel. This is because it provides higher solvent flow rates and is very useful for solid separation. Similar organic substances. It should be noted that this method uses grade 60 silica gel and has the lowest resolution due to the small particle size. This method has proven effective in isolating naturally occurring substances in cannabis such as flavonoids, xanthenes, alkaloids and tocopherols.



**Fig 6.** Flash chromatography

#### 4. Characterization of bioactive compounds: -

##### 4.1 Immunoassay: -

Immunoassays are used in analyses of bioactive compounds, which used to distinguish pharmaceutical substances also naturally originated bioactive materials. In both qualitative and quantitative analytical methods, enzyme assays, and receptor binding tests, they exhibit great specificity and sensitivity. ELISA techniques are more complex than conventional HPLC techniques. The production of monoclonal antibodies in contrast to medicinal herbs is depend on hybridoma technology.

- (i) Rabbits are immunized by repeated administration of specific herbal preparations to produce specific antibodies. The desired B cells are proliferated to make this process easier.
- (ii) Rabbits and mice are developed.
- (iii) B and T cells consisting Splenocytes are separately

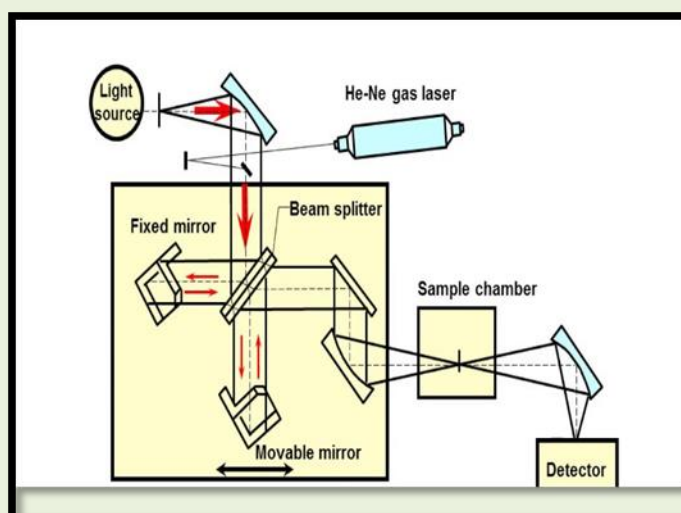
cultured from two animal species mentioned above. (iv) The fusion of spleen cells with myeloma cells are excited by PEG (polyethylene glycol) to give rise to hybridomas. Hypoxanthine-aminopterin-thymidine (HAT) selective medium is used to develop hybrid cells. (v) Selection of ideal hybridomas for cloning and production of antibodies against medicinal plants. For the selection of antibody-producing hybridomas, the single cell colonies are used and their propagation helps speed up this process. (vi) Selected hybridoma cells are cultured to produce significant amounts of monoclonal antibodies against the plant from which the drug is produced. (vii) Enzyme immunoassays are used to identify similar drugs in combinations of herbal extracts using monoclonal antibodies. ELISA stands for immunosorbent assay.

#### **4.2 Phytochemical screening analysis: -**

The word phytochemical, which refers to plant originated chemicals, is utilised to define the wide range of plants originated secondary metabolite. The fast, modest, accessible method is phytochemical screening assay that provides researchers with immediate insight into combinations of different types of phytochemicals and are important tools for evaluating bioactive substances. For reviewing secondary metabolites, the different phytochemical screening methods and experimental protocols are used. From plant material once the active fraction or crude extract is extracted then the appropriate tests are used to perform phytochemical screening for understanding the present phytochemical. Within a fraction or mixture of extracts.

#### **4.3 Fourier Transform Infrared Spectroscopy: -**

The identification of chemicals from unknown mixture of plant extract is carried out by FTIR, FTIR has been shown to be a useful tool. Moreover, pure mixtures of FTIR spectra are typically very characteristic, resembling chemical “fingerprints.” In commonly used plant chemicals, the identification of unknown compound is carried out via comparing its spectrum with identified mixtures. In FTIR, different methods can be used for preparation of sample. The drop of sample is placed between sodium cyanide bottle to get the liquid sample. The droplets create a thin film between the plates. Potassium bromide (KBr) is used to grind solid samples and then compress them into thin tablets ready for analysis. The chloride mixture was then placed on a plate containing salt. The solvent then evaporates, leaving behind a thin layer of the original contents of the plate. <sup>[5]</sup>



**Fig. 7** Fourier-transform infrared spectroscopy

## 5. The quality control factors of herbal drugs:

### 5.1 Histological evaluation: -

Traditionally, the appearance of medicinal plant is used to determine their quality; however, today, microscopic Assessment is essential for the first identification of herbs, in addition to recognizing minute pieces of ground plant, finding of external objects, adulterers as well. An initial assessment of appearance, that rarely requires more than just a basic magnifying glass; it may use to confirm the species of plant, appropriate plant portion is utilized as well. In addition, histological examination requires for ascertain the accurate species. Morphology of pollen could be applied. The plant parts used can be identified by stomata in terms of the presence of certain microstructures such as flowers, species identification and leaves. A well-known example is nettle (*Urtica urens*), which partially treats air rheumatism, and its roots are used for benign prostatic hyperplasia.

### 5.2 Foreign matter: -

Medicinal herbs should contain only the specified parts of the plant and no additional plants or plant materials. They must be completely devoid of moulds or insects, such as excrement, and observable contaminants like stones and sand, hazardous and toxic alien objects as well as toxic leftovers. animal stuff, like insects as well as "invisible" microbiological pollutants that can create poisons, are also some of the possible pollutants found in herbal remedies (WHO, 2004, 2003; EMEA (2002). The macroscopic analysis is readily utilized to ascertain whether foreign stuff is present, Nevertheless, microscopy is essential in some specific situations (such as adding starch on purpose to "dilute") the botanical matter). Moreover, when foreign material comprises, for instance, a chemical residue, TLC is frequently required in order to identify the pollutants (WHO, AOAC, 2005, 1998a, 1999a).

### 5.3 Ash content: -

The amount of ash remaining after burning plant materials is measured and classified into total ash. The total amount of material remaining after combustion is indicated by total ash,



including ash from actual plant parts. The remaining residue is after all the ash has boiled away. Use weak hydrochloric acid to burn off remaining material. The amount of silica is measured, particularly sand-like particles, and alumina (AOAC, 2005).

#### **5.4 Heavy metals: -**

Toxic metal contamination can occur accidentally or intentionally. Heavy metal contamination from medicinal herbs, like lead, cadmium and mercury, have a variety of reasons, consisting contamination of environment, clinically serious risks as well. Therefore, risk to the user's health should be limited. Possible consumption of hazardous metals can be assessed depends on how much of it is present in the product and the suggested or approximate dose of the item. After that, this possible exposure can be included in a comparison of the toxicological viewpoint to PTWI i.e., Provisional Tolerable Weekly Intake values in hazardous metals, as determined by the FAO-WHO i.e., Food and Agriculture Organization of the World Health Organization. An easy-to-understand method of determining heavy metals is listed in numerous pharmacopeias' and depends on colour responses using particular reagents like diethyldithiocarbamate or thioacetamide, and the quantity present is calculated by contrasting it with a reference (WHO, 1988a). Analytical tools must be utilized when there is a trace number of metals amounts, in an amalgamation, or where the evaluations must be numerical. In general, the primary techniques are often AAS, Neutron activation, and inductively coupled plasma (ICP) linked (Watson, 1999) analysis (NAA).

#### **5.5 Radioactive contamination: -**

A nuclear accident could, however, result in dangerous contamination. Guidelines have been created by World Health Organization along with numerous international organizations in the extensive radioactive pollution event because of significant nuclear mishaps. These articles highlight that the overall health risk associated with radioactive contamination by radioactive elements found in nature is not a huge worry, but those resulting from significant nuclear incidents like the Chernobyl nuclear catastrophe and Fukushima could be dangerous and rely on the amount, degree of contamination, and radionuclide of the pollutant ingested. With consideration, herbal medication typically taken by an is not likely to pose a risk to one's health. Therefore, there are no proposed restrictions at this time. Radioactive contamination (WHO, 2000; De Smet, 2005; AOAC, 1992).<sup>[6]</sup>

### **6. Evaluation of herbal medicine: -**

#### **6.1 Microscopic and histological evaluation: -**

This is useful for both whole and powdered medicines. Emphasis is placed on studying features such as parenchyma, trichromium, calcium oxalate crystals, structure of vascular bundles, pores, fibers, etc.

#### **6.2 Morphological and sensory evaluation: -**

Morphological characteristics are generally important in differentiating drugs. It mainly consists of colour, taste, smell, shape, size, etc. Details such as veins, texture, and fractures are included.

### **6.3. Physical Assessment: -**

A variety of physical parameters are examined, including ash content, extractables, extraneous organic matter, moisture content, solubility, Fiber size, barrier ratio. These studies help distinguish closely related species.

### **6.4 Toxicological studies: -**

This helps identify pesticide residues, potentially hazardous substances and conduct animal safety studies using methods such as LD50 and microbiological analysis to assess the presence of potentially hazardous microorganisms. <sup>[7]</sup>

## **7. Plant Authentication: -**

### **7.1 Macroscopic examination: -**

It consists of comparing morphological traits that may be seen at low magnification or with the unaided eye to explanation of medicinal plant found in monographs. Features like the size, form, and leaves colour, flowers, fruits are examples often employed in identification by macroscopic means.

### **7.2 Microscopic examination: -**

The investigation is carried out on anatomical structures in the plant substance that can first be seen under a microscope. Characteristics such as the structure and form of the trichomes (hair), the placement of the epidermal stomata, the occurrence or lack of substances like lignin, mucilage, or the tissues existence containing typical cells may be employed in the histologic identification of remedies in herbal.

### **7.3 Chromatography: -**

It is a process of separating various chemicals from a mixture. There are other chromatography methods, but they are all based on the same basic idea. Thin layer chromatography (TLC) is often used for herbal medicine authentication. TLC confirmation methods for medicinal plants are included in the pharmacopoeia monograph. TLC distinguishes between mixtures of substances, creating a single compound “fingerprint” on a silica gel-coated plate. This fingerprint can be compared to a pure reference chemical or an actual sample. Another popular form of chromatography is high-performance liquid chromatography (HPLC) for testing and evaluating plant products. Another type is specifically used called gas chromatography. For fatty acids and essential oils.

## **8. Various methods of plant identification: -**

### **8.1 Expert opinion: -**

Expert judgment is the most reliable and accurate identification method. Experts typically write papers, editorials, reviews, or other treatments of the group in question, and their

taxonomic concepts are likely to be incorporated into more modern flora or manuals. Specialists are typically found in herbaria, botanical gardens, museums, universities, and other educational institutions. However, despite its high reliability, this approach has the disadvantage of consuming experts' valuable time and delaying identification.

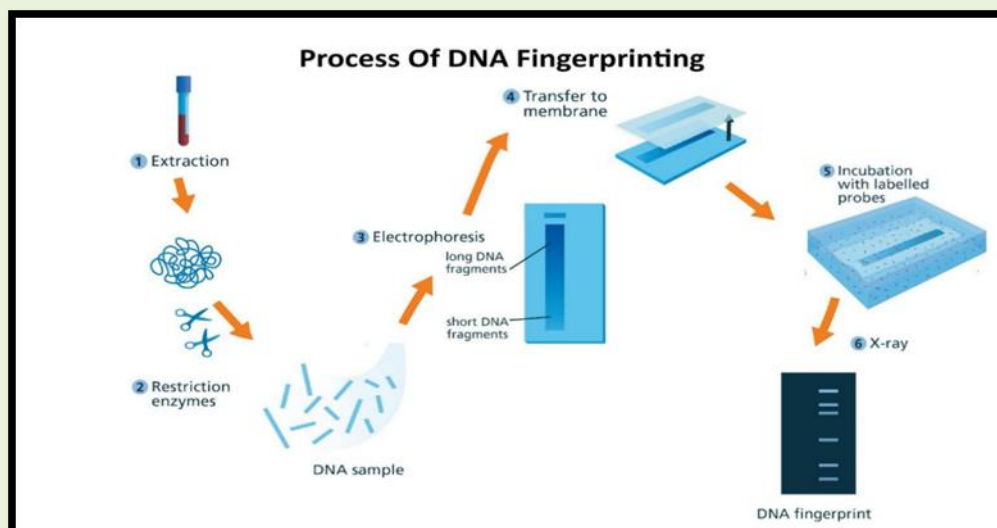
## 8.2 Comparison: -

A third method is to compare the unknown to an identified sample, image, drawing, or description. Although it is a dependable procedure, it is virtually intolerable or extremely delaying process due to the lack of suitable resources for comparison. <sup>[8]</sup>

## 9. New method for standardization of herbal medicine: -

### 9.1 DNA Fingerprinting Technique: -

This method is well suited to identify authentic drugs that are phytochemically identical to alternative or counterfeit drugs. Apparently, the fingerprint genome is the same no matter which part of the plant is used, according to the report. DNA, or deoxyribonucleic acid, is an essential component of all living cells. Our properties, qualities and physical properties are based on the unique composition of the DNA sequences within our cells. This unique configuration of thymine, guanine, adenine, and DNA nucleotides, often known as cytosine, is what controls the synthesis of enzymes and proteins through the Core Dogma Theory. The idea of central dogma can be characterized as the underlying theory of molecule biology in which genetic data is transferred from DNA to RNA to proteins. Characterization of genotype. Plant strains and species are helpful as most vegetation, even though they are members of the same species and genus, may demonstrate a significant difference across strains. Inter-Simple Sequence Repeat (ISSR), a PCR-based approach, is a distinctive and widely used DNA fingerprinting method that includes the description of gene fingerprinting and genetic, tagging, clonal variation detection, phylogenetic analysis, genetic instability detection, and evaluation of hybridization. *Indica cannabis* Heyne, L. and *Arabidopsis thaliana* were distinguished from adulterated species using ISSR identification codes. *Allium schoenoprasum* L., *Codonopsis pilosula*, *Azarchdichta indica*, and *Andrographis paniculata* collected from different regions



**Fig 8. Steps in DNA fingerprinting****9.2 Chemical measurement method: -**

Chemometrics is a statistical method for analysing instrumental data that provides faster and more accurate estimates of the composition of an object or even its material or perceptual properties. For example, the composition of grains or dairy products (fat, fiber, moisture, carbohydrates) can be rapidly measured using chemometrics and near-infrared spectroscopy. Food characteristics (taste, aroma, astringency, etc.) can also be continuously observed. These two widely used chemical analysis methods allow you to predict properties of interest and classify samples into several classes.

(such as good vs terrible or Type A against Compare Type B with Type C, etc.) The field of chemometrics was created to identify patterns in almost any kind of multidimensional analytical data. To expedite the data processing, Computer Aided Similarity Evaluation (CASE) software has been created. All chemometric programs METLAB5.3 are used to code the CASE algorithms according to Windows. Loading, deleting, chopping, background, retention, smoothing, and compression adjustment for temporal shifts, normalization, and peak recognition, spectrum matching, and fluctuation identification of commonality and shared peaks/regions comparison, excessive sample categorization, and further information procedures related to the chromatographic this software allows for the investigation of fingerprints.

**9.3 Metabolomic method: -**

Advanced emerging “omics” research, called “metabolomics,” involves NMR chromatography and mass spectrometry (MS). This is commonly used to identify biomarkers. Using this method is very difficult and frequently need the use of costly or specialized programs of data analysis. Due to this method, it is possible to detect active plant components in medicinal herbs. Metabolic methods were used to determine the chemical composition of Sophora. Flavescent was studied in more detail to determine its effects on cytochrome P3A regulation. Enhanced metabolic capacity has been demonstrated to promote potent secondary metabolites of medicinal plants as innovative or improved phytotherapeutics. Recent studies have revealed the purity of herbal entities through orthogonal projections and metabolomics consisting NMR method to latent structure discriminant analysis.

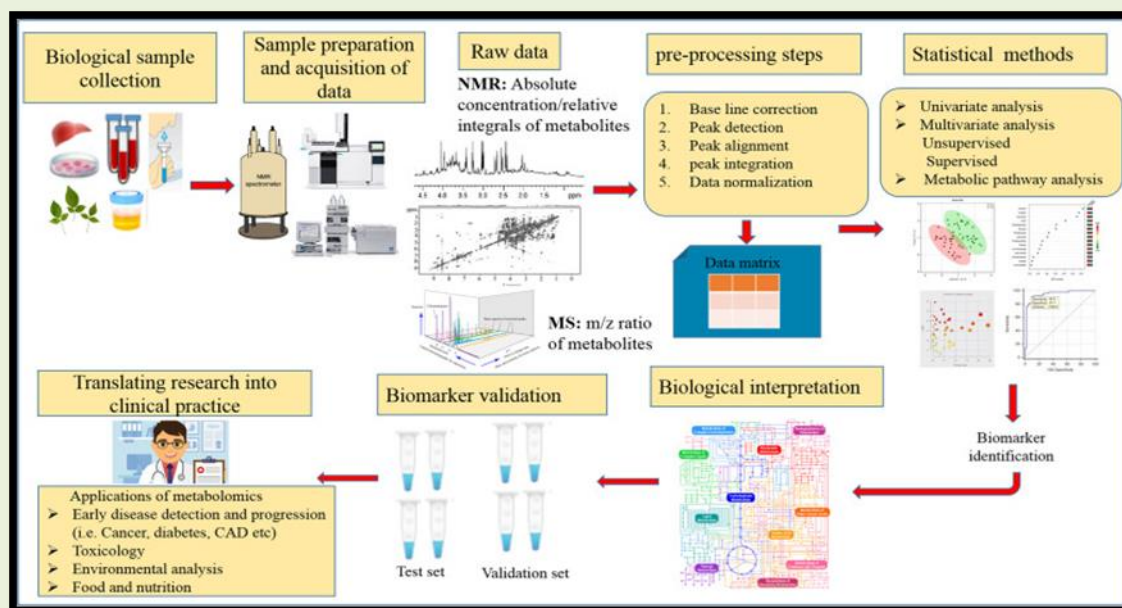


Fig 9. Metabolomic steps

#### 9.4 Differential pulse polarography (DPP): -

DPP has an extremely modest detection limit of around  $10^{-8}$  M, making it useful for studying trace compounds. Lead, cadmium, zinc, copper, and iron are among the heavy metals that have been successfully detected and evaluated in chamomile and calendula flowers through DPP accumulation. In particular, Pb, Cd, Cu, and Zn were heavy metals. Measurements were made on both real and advertised samples of important Indian medicinal herbs. The permissible levels of WHO in Selenium traces in herbal medications of China as well in flavonoids but in trace amount DPP determined the samples of therapeutic herbs. One DPP technique has been used to determine if the whole hypericin in phytotherapeutics mixtures in a range of spectrum pH in buffer system.

#### 9.5 Diffractometry of X-RAY powder (XRPD): -

Minerals, crystalline solids, and metallic-based herbal compositions are all identified using this technique. The herb Vanga, which is based on tin, parpam was calculated using XRD and the highly focused diffraction peaks unequivocally demonstrated that high crystallinity in the XRD study of Vanga Parpam of Indian traditional medicine with a metallic foundation Rassindoor revealed that mercury sulphide was present. This is shown by a strong peak in the X-ray powder data from diffractometry verified the creation of phospholipid compounds including naringenin, emodin, gallic acid, and quercetin. This method uses a powder X-ray diffractometer.

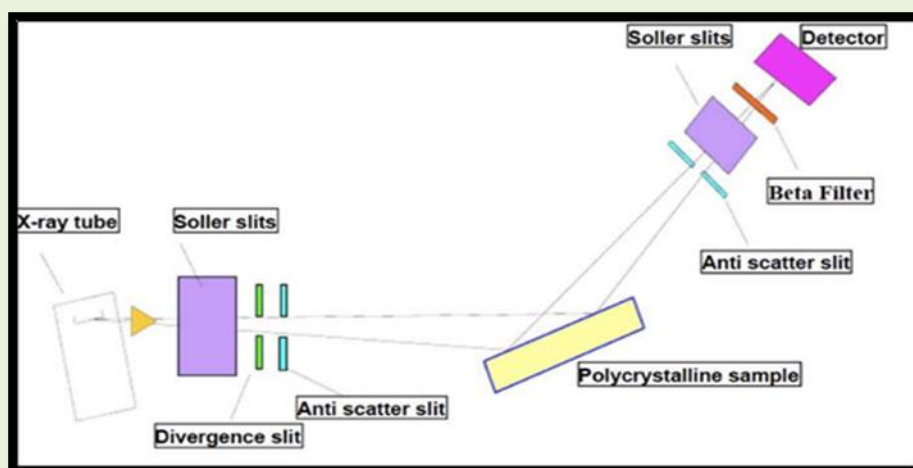
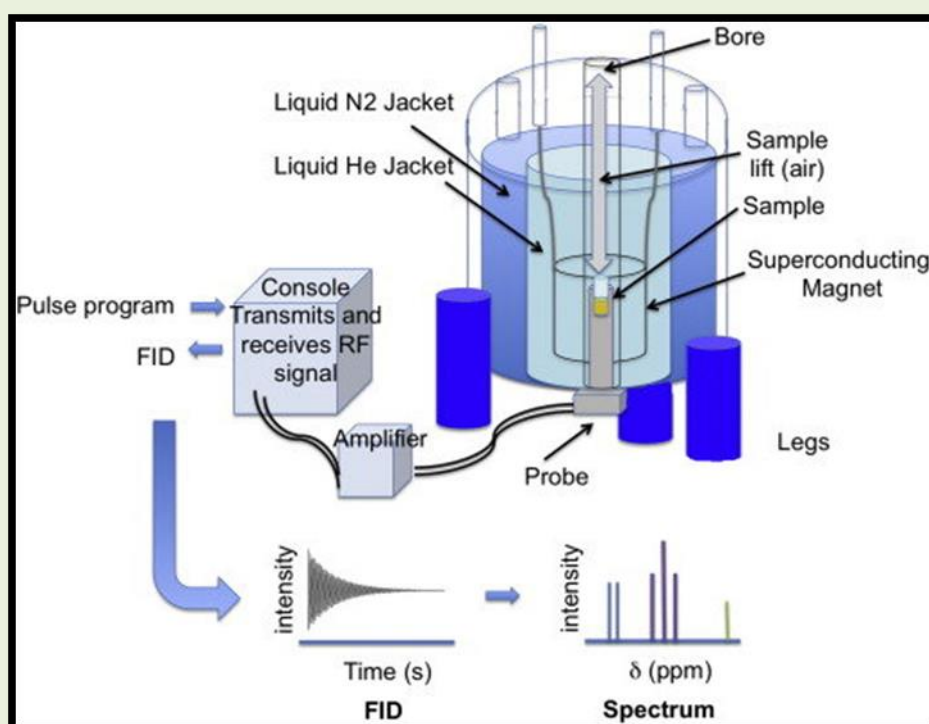


Fig. 10,X-ray powder diffractometer

### 9.6 Nuclear magnetic resonance: -

Structural elucidation and molecular mass measurements have benefited from recent developments in pulsed-field gradient techniques in high-resolution NMR and details of three-dimensional approaches. These modern hyphenation methods are useful in pharmacokinetic and toxicology studies, drug metabolism, and drug development procedures. Chromatograph. Using NMR spectroscopy as a separation technique is one of the most effective and efficient methods for separating and elucidating the structures of unknown mixtures and compounds, oxygen and light sensitive chemicals. <sup>[9]</sup>



**Fig. 11.**Nuclear magnetic resonance spectrometer**10. New herbal medicine delivery system: -**

Over the past decades, much attention has been paid to the development of new drug delivery systems (NDDS) for medicinal plants. By adding advanced drug delivery technology to herbal or plant-based active ingredients, it reduces drug degradation or systemic drug accumulation and reduces serious side effects through metabolism in non-target areas, making administration easier for elderly and pediatric patients.

**Types of New Herbal Drug Delivery Systems: -**

1. Mouth-dissolving tablets	2. proniosomes
3. museums	4. Liposomes
5. nanoparticles,	6. Controlled-release formulations
7. microspheres,	8. ethosomes
9. transdermal drug delivery system	10. Emulsions
11. Transferosomes	12. Phytosomes

**10.1 Tablets that dissolve in the mouth: -**

Asoka Life Science Limited has launched Res-Q, the first oral tablet formulated with multi-herbal ingredients and fast-acting medicine. This creates a new drug delivery mechanism that offers improved efficacy. It is the first attempt in the field of Ayurvedic medicine to improve the effectiveness of drugs in the treatment of chronic diseases. Res-Q is a complex herbal preparation that is very effective in treating lung disease and other respiratory diseases such as asthma. This innovative method of orally dissolved drug delivery ensures that the drug enters the bloodstream quickly and undergoes early passage without being metabolized. In the mouth, it dissolves, combines with saliva and is assimilated. Res-Q relieves shortness of breath in just 15 minutes. This makes the drug surprisingly similar in effect to Sorbitrate, an innovative drug dissolved in the tongue for heart problems.

**10.2 Controlled-release formulations: -**

An oral administrable formulation that consists of a granulated herb and a carrier for stable storage or controlled release is described in a patent. 75% of the active components are released between 4- and 18 hours following administration. The elements that are active are chosen from the group made up of echinacoside, hypericin, and hyperforin. The creation aims to offer better herbal remedies, whose products provide an easy-to-take oral dose form of herbs to provide the best possible plasma concentrations among the physiologically active substances that aid in user adherence. The dosage for oral regulated and steady-release Herb granules can be found in matrix formulations like matrix tablets or in formulations with several particles, microcapsules placed within two-piece capsules to keep a substance

delivery mechanism that will ensure a continuous supply of the active components over an extended length of time. Microgranules can be removed by several methods, such as the fluidized bed method, extrusion-spheronization or “cutting pan” method. Spheronization by extrusion is suitable. For granules with a high content of active substances, additional equipment is required. Producing generative granules requires very simple tools and techniques, so the cutting pan approach is recommended.

### 10.3 Niosomes: -

Niosomes are multilamellar vesicles that are made of cholesterol and non-ionic surfactants belonging to the alkyl or dialkyl polyglycerol ether family. Previous research related to L'Oreal has demonstrated that Niosomes often possess such prospective liposomal-like medication delivery systems. The Niosomes are distinct from liposomes in that they provide specific benefits above liposomes. Liposomes encounter issues like they are pricey, and components like phospholipids are biologically unstable due to their oxidative sensitivity deterioration, they need treatment and memory, and the natural phospholipids' degree of purity varies. Niosomes do not possess any of these issues.

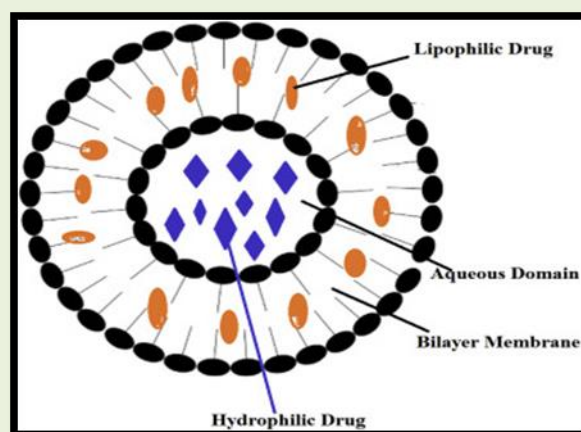
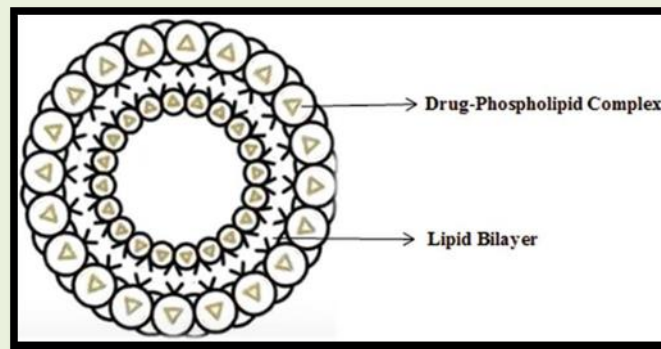


Fig.13 Structure of Niosome

### 10.4 Phytosomes: -

Phytosomes are lipid-compatible molecular complexes produced from water-soluble plant component molecules, mainly polyphenols. Phytosomes are more bioavailable than native herbal extracts due to their enhanced ability to mentally navigate lipid-rich biomembranes and ultimately reach the source. A geological substance used to produce plant ingredients. Phospholipids, mainly derived from soybeans, are lipid-compatible cholinergic phosphates. Some natural materials for drug delivery systems are derived from phytosomes. Plant complexes were initially studied for cosmetic purposes, but there is growing evidence for their pharmacological potential. Deliveries have increased over the past few years, with beneficial participation in the areas of anti-inflammatory, cardiovascular, hepatoprotective, and anticancer drugs. Plant complexes show improved therapeutic and pharmacokinetic profiles compared to simple plant extracts. Derived from plants using phytochemical bioavailability techniques.





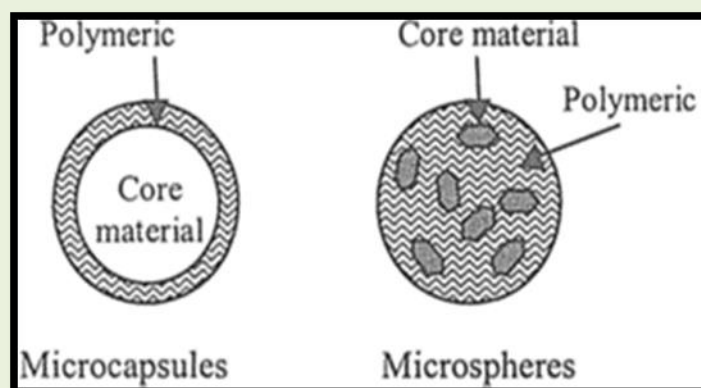
**Fig.14** Structure of Phytosomes

### 10.5 Proniosome: -

Proniosome gel technology is an improvement over niosome and has many applications for delivering active ingredients to specific sites. This formulation is known as proniosome gel, and when hydrated in situ, water obtained from the skin is converted into niosomes. The water-soluble carrier particles are called proniosomes. This can occur when niosome surfactant dispersions are applied immediately prior to use and then wetted after a short period of agitation in a heated aqueous environment. Limited examples of proniosome compositions include levonorgestrel, indomethacin, estradiol, captopril, aceclofenac, etc. <sup>[10]</sup>

### 10.6 Microspheres: -

Individual spherical particles with an average size of 1 to 50 microns are called microspheres. Drug delivery using microparticle systems has been studied and accepted as a reliable adjuvant. The medication is injected at the correct location to help you focus on the relevant situation without negative consequences. One practical way to extend the duration of action of a drug is to significantly improve patient compliance with treatment. Ultimately, plasma concentrations are maintained at a constant level, allowing the full dose to be administered and side effects to be minimized. Currently, several active ingredients of plant origin have been produced, including microspheres based on zedoar oil, rutin, camptothecin, tetradrin, quercetin and *Cynara scolymus* extract. We are also conducting research on magnetic resonance and immune microspheres. There are also microspheres that have become familiar over the past few years. Immune microspheres can fight infections because the polymers are coated or adsorbed with tiny spheres of antibodies and antigens. Herbal remedies are becoming very popular today due to their many advantages. <sup>[11]</sup>



**Fig.15** Structure of Microsphere **Conclusion: -**

Medicinal herbs have become an important part of the global healthcare system, not just for humans but also as a potential source of pharmaceuticals. Not just in the ill state but also as possible information about preserving good health. The herbal products sector can advance significantly in the globe. With the growing popularity of herbal goods, the practice of global labelling in the future ought to sufficiently address aspects of quality. An important barrier to the advancement of medicine in emerging nations, and plant-based businesses has been the dearth of knowledge on social and financial advantages that could result from the industrial application of therapeutic herbs. Additionally, it takes research to fully utilize the chemicals in charge of the biological activity that has been observed.

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